

Frequently Asked Questions:

1. Will my aligners be painful?

You may feel some slight discomfort as your teeth start to move when the aligners are initially seated. The initial discomfort generally passes within 1-2 days. Consult your doctor if pain persists.

Do aligners affect my speech?

2. You may have speech difficulty within the first few days of wear. Typically, your speech will improve as your tongue adjusts to the aligners.

3. What if my aligners do not seem to fit properly?

It is common to need a couple of days to adjust to the fit of your aligners. If you have a significant fit issue, please contact your doctor.

4. Are there any food restrictions while wearing aligners?

It is not recommended to drink hot, sweet or colored liquids while wearing your aligners. Do not chew gum while wearing aligners. Remove aligners while eating or snacking.

5. Remember to call your doctor if you have any questions about your new set of Clear Image® Aligners.

Manufacturer:
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clearimage[™]
ALIGNERS

Instructions for Use



SpecialtyAppliances.com

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Clear Image® Aligners

Caution: Federal Law restricts this device to sale by, or on the order of, a licensed dentist.

INSTRUCTIONS FOR USE

Indications for Use:

The Clear Image® Aligner System is indicated for the treatment of tooth malocclusion in patients with permanent dentition (i.e. all second molars). The aligners position the teeth by way of continuous, gentle force.

Device Description:

The Clear Image® Aligner System is a series of customized clear plastic removable aligners that are fabricated from a clear, thin thermoformed polyurethane.

The aligners are designed to gradually move the patient's teeth incrementally, repositioning them from their original misalignment to a more aligned state.

Manufactured customized aligners are based on either standard impressions or intraoral scans sent to the company by the prescribing dentist or orthodontist. Models are manufactured from impressions and those models are scanned using standard validated software. The digital files are used to produce the aligner series with thermoplastic polyurethane.

Direction for Use

1. Although rare, some individuals may experience an allergic reaction to the aligner material. If this occurs, discontinue use immediately and contact a healthcare physician.

2. Aligners may scratch or irritate gums and surrounding tissues.
3. There may be some slight discomfort as teeth start to move when the aligners are initially seated. The initial discomfort generally passes within 1-2 days. Consult with a doctor if pain persists.
4. Proper oral hygiene is necessary during treatment to prevent tooth decay, stains discoloration or periodontal disease.
5. Orthodontic appliances and parts may be harmful if swallowed. If this occurs, discontinue use immediately and contact a healthcare physician.
6. Speech difficulty is possible within the first few days of wear. Typically, speech will improve as the tongue adjusts to the aligners.
7. Interproximal reduction must be reviewed to prevent risks to dental anatomy.
8. The bite may change during or after treatment and require doctor adjustment.
9. Previously traumatized teeth or dental restorations should be taken into consideration.
10. Roots and adjacent tissue and bone may be comprised during treatment.
11. Temporomandibular joint issues should be monitored during aligner wear.
12. Implants should be taken into consideration when planning aligner treatment.

Reminder: Patient compliance is a key factor in the success of the aligner treatment. Treatment time and/or the number of aligners required may be extended due to lack of patient cooperation.

Daily Care and Cleaning:

1. When not in use, aligners should always be stored in a cool, dry place.
2. Keep aligners away from direct sunlight, children and pets.
3. Aligners are delivered cleaned and packaged. Aligners should be rinsed prior to insertion.

4. Do not clean aligners with mouthwash, denture cleaner or any harsh chemical.
5. Aligner fit may be affected by dental restorations or atypically shaped teeth. Precautions should be taken when inserting and removing aligners.
6. Remove the aligners to eat, brush and floss teeth. Proper hygiene is important during treatment to avoid tooth decay, periodontal disease and discoloration or staining.
7. Clean the aligners with a toothbrush and cool water. Use a small amount of toothpaste if needed. Do not use hot water. To prevent dullness, avoid colored mouthwashes, denture cleaners or harsh chemicals.
8. Brush and floss teeth during the aligner treatment.

Sterilization:

Clear Image Aligners are sold non-sterile.

Wearing your Aligners:

1. Wear the aligner for approximately 22-23 hours a day. Aligners are generally worn for 1-2 weeks before changing to the next set.
2. Ensure that you have the correct aligner for the designated arch by visual inspection.
3. Each aligner contains an imprinted number denoting the step in the aligner sequence.
4. Remember to rinse the aligner prior to initial use.
5. Place the aligner on your teeth and press lightly to snap it into place. Start at the front teeth and work toward the back teeth.
6. To remove the aligner, place a fingernail under the edge of the aligner and gently lift the aligner until it dislodges.

Reminder: Keep your worn aligners in a clean plastic bag and take them to your doctor appointments.